

# SUMMER

## GROUP FITNESS SCHEDULE HOURS

**FROM MAY 22ND - AUGUST 11TH**  
No classes on May 29th, June 19th, and July 4th

### TUESDAY

Rise and Ride  
6:30 am - 7:15 am Room 203

### WEDNESDAY

Zumba  
12:00 pm - 12:45 pm Room 201

### THURSDAY

Yoga Flow  
12:00 pm - 12:45 pm Room 201